

# Daily Biblical Confessions

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## INSTRUCTIONS:

You can change your situations, circumstance and life by the words that you speak that agrees with the Words that God has already spoken. Listed in this document are various Biblical Categories (Page 3-6) that are suggested to be spoken over your life *every day*. Examples of how to speak a scripture as a confession are also included in this document.

- **Proverbs 18:21 (NKJV)** Death and life *are* in the power of the tongue, and those who love it will eat its fruit.

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**NOTE:** Please read these instructions before getting started.

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These instructions are intended to show you how to make scriptures into 'daily confessions' and should be used as a general guide to getting you started. After practicing and implementing this process for a while, you will begin to develop a style more specific to you and Holy Spirit.

The Word of God should be 'daily bread' for you to daily speak over your life and into your atmosphere. When we speak God's Word in the earth, what we are doing is inviting Heaven into the earth on our behalf.

- **Luke 11:3 (KJV)** Give us day by day our daily bread [The Word of God]
- **Matthew 4:4 (NKJV)** But He answered and said, "It is written, '*Man shall not live by bread alone, but by every word that proceeds from the mouth of God.*' "

## STEPS:

1. Find and write 3 scriptures to support God's Will pertaining to each Confession Category. For example, **you can use the internet** by typing "scriptures for finances" in search bar to find scriptures for finances. Look at several websites and scriptures before deciding which scriptures you will use for your Category.
2. For each Category, read scripture aloud.
3. Make a confession from the scripture you just read speaking the 'biblical truth' in your own words the best you can.
4. Eventually, become so familiar with the scripture that you can bypass reading the scripture verbatim (word for word) that you can just jump right into making the confession.

Some key words to use at the beginning of the confession are words like:

- I confess....
- I declare....
- I decree....
- I speak into my day, life, or atmosphere that...
- I come into agreement with...
- I believe...
- I release...
- and etc., to mention a few.

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## EXAMPLES:

### Category: The Word of God

- **SCRIPTURE: Matthew 4:4 (NKJV)** <sup>4</sup> But He answered and said, "It is written, '*Man shall not live by bread alone, but by every word that proceeds from the mouth of God.*' "
- **CONFESSION:** "I release the Word of God over my life today. I confess that God's Word reign and govern my day and my life, and that Your Word is the 'daily bread' that I live by!" (NOTE: As you are speaking the confession, allow additional words to be added that were not previously written on paper, allow Holy Spirit to flow freely from your mouth as directed.)

### Category: Safety and Protection

- **SCRIPTURE: Psalm 138:7 (NKJV)** <sup>7</sup> Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand Against the wrath of my enemies, And Your right hand will save me. !"  
(NOTE: As you are speaking the confession, allow additional words to be added that were not previously written on paper, allow Holy Spirit to flow freely from your mouth as directed.)
- **CONFESSION:** "I declare today that I have divine protection from God. I confess that as I walk through the world's troubles today I am safe in the hand of Almighty God. I confess that God's powerful hand is always outstretched to deal with all my enemies and oppositions. God I thank You for Your right hand that rescues me". (NOTE: As you are speaking the confession, allow additional words to be added that were not previously written on paper, allow Holy Spirit to flow freely from your mouth as directed.)

### Category: God Hears My Prayers & Cries and Answers Them

- **SCRIPTURE: Daniel 10:12 (NKJV)** <sup>12</sup> Then he said to me, "Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words
- **CONFESSION:** I fully believe God hears all of my confessions and prayers the moment I speak them. I believe because You always hear me that You always answers me. God I confess that You take delight in answering my prayers. I declare that You always come because of my words.

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## **CATEGORIES:**

Find and write 3 scriptures to support God's Will pertaining to each Confession Category. For example, **you can use the internet** by typing "scriptures for finances" in search bar to find scriptures for finances. Look at several websites and scriptures before deciding which scriptures you will use for your Categories.

### **The Word of God** (*Acknowledging the Power of it*)

- 1.
- 2.
- 3.

### **Who I am In Jesus Christ**

- 1.
- 2.
- 3.

### **Kingdom Citizenship** (*Establishing your position and entitlement*)

- 1.
- 2.
- 3.

### **Spirit of God Dwells in Me**

- 1.
- 2.
- 3.

### **Safety & Protection**

- 1.
- 2.
- 3.

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## God Watches Over Me

- 1.
- 2.
- 3.

## Guidance and Direction

- 1.
- 2.
- 3.

## Health and Healing

- 1.
- 2.
- 3.

## Finances/Prosperity/Provisions/Increase

- 1.
- 2.
- 3.

## My Future

- 1.
- 2.
- 3.

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## My Troubles/Worries/Struggles

- 1.
- 2.
- 3.

## I am a God/Jesus Seeker

- 1.
- 2.
- 3.

## My Obedience to God's Word

- 1.
- 2.
- 3.

## Christ Has Set Me Free from Sinful Habits

- 1.
- 2.
- 3.

## God's Will for My Life

- 1.
- 2.
- 3.

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## I Will Praise and Worship You God/Jesus

- 1.
- 2.
- 3.

## I'm Victorious/Conqueror/Overcomer

- 1.
- 2.
- 3.

## God Hears My Prayers and Answers Them

- 1.
- 2.
- 3.

*Additional* \_\_\_\_\_

- 1.
- 2.
- 3.

*Additional* \_\_\_\_\_

- 1.
- 2.
- 3.

Add additional Categories on separate sheets of paper as necessary.